

Diaper-changing Procedure

Please note: children should not be given anything to play with while being diapered. These toys/objects become contaminated and spread germs. You can entertain children by talking to them - your face and voice are better than any toy.

Step 1: Assemble all of the supplies you need. Diaper, wipes, paper liner to cover changing surface, disposable gloves, clean clothes (if needed), plastic bag for soiled clothes (if needed), diaper cream (if needed), and facial/toilet tissue for diaper cream.

Step 2: Place the child on the changing surface. Always keep a hand on the child. Remove the child's shoes or socks if the feet cannot be kept out of the diaper. Remove soiled clothes and put in a plastic bag.

Step 3: Clean the child's diaper area. Unfasten the diaper, but leave the soiled diaper under the child. Use disposable wipes to clean from front to back, and use a fresh wipe each time. Put the soiled wipes in soiled diaper or directly into a **covered, plastic-lined step can.**

Step 4: Remove the soiled diaper. Fold the soiled surface inward and put soiled diaper into step can. If gloves were used, remove them and put into step can. Whether or not gloves were used, use a disposable wipe to clean your hands and another to clean the child's hands. Dispose of wipes in step can. Check for spills under the child. If there are any, fold the paper over so a fresh paper surface is under the child's bottom.

Step 5: Put on a clean diaper and dress the child. Slide a fresh diaper under the child. Examine the skin for any cracks, redness, or bleeding. Use a facial or toilet tissue to apply any diaper ointments or creams. Dispose of tissue in step can. Fasten the diaper. Re-dress the child.

Step 6: Wash the child's hands and return the child to a supervised area. It is best to use soap and water. If not able to wash child's hands at a sink, use disposable wipes.

Step 7: Clean and sanitize the diaper-changing surface. Dispose of paper liner. Spray the changing surface with soap and water. Dry surface with disposable towel. Spray entire changing surface with sanitizing bleach solution or approved sanitizer. For bleach solution, leave it on for 2 minutes. Dry surface with disposable towel. Put away spray bottle of sanitizer. If using a sanitizer other than bleach, follow manufacturer's instructions for required contact time and if surface requires a water rinse after use.

Step 8: Wash hands thoroughly. Record child's skin condition and what was in the diaper.